

Package leaflet: Information for the user

Bepanthen 50 mg/1 g cream

Dexpanthenol

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

What is in this leaflet

1. What Bepanthen cream is and what it is used for
2. What you need to know before you use Bepanthen cream
3. How to use Bepanthen cream
4. Possible side effects
5. How to store Bepanthen cream
6. Contents of the pack and other information

1. What Bepanthen cream is and what it is used for

Dexpanthenol, the active ingredient of Bepanthen cream, is transformed into pantothenic acid in cells and functions as vitamin B₅. Dexpanthenol has the advantage of improved absorption in case of local administration.

Pantothenic acid plays a vital role in cell metabolism. The human organism needs pantothenic acid for the regeneration of skin and mucous membranes.

Indication

Mild skin damage.

2. What you need to know before you use Bepanthen cream

Do not use Bepanthen cream:

- if you are allergic to dexpanthenol or any of the other ingredients of this medicine (listed in section 6).

Pregnancy and breast-feeding

Using Bepanthen ointment is not contraindicated during pregnancy or breast-feeding.

Talk to your doctor or pharmacist before using this medicine.

Bepanthen cream contains cetyl alcohol, stearyl alcohol, lanolin and propylene glycol

Cetyl alcohol, stearyl alcohol and lanolin may cause local skin reactions (eg contact dermatitis).

This medicine contains 1500 mg of propylene glycol per 100 g of cream, equivalent to 15 mg/g.

3. How to use Bepanthen cream

- For newborn skin care, the cream is applied onto the skin when changing a diaper.
- Can be applied to nipples after nursing.
- For the treatment of superficial injuries, skin abrasions and skin fissures, apply onto the skin one or several times per day as necessary.

- For facilitating healing and epithelisation or regular skin care, apply onto the skin one or several times per day as necessary.

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Bepanthen cream, a light (aqueous) and rapidly penetrating formulation, is recommended for the treatment of exposed body parts (hands, elbows and the face) and hairy skin.

Bepanthen cream is also suitable for the treatment of sunburn and mild burns.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Allergic skin reactions have been reported in very rare cases. Talk to your doctor if this is the case.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via www.ravimiamet.ee. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Bepanthen cream

Do not store at a temperature higher than 25 °C.

Do not use this medicine after the expiry date which is stated on the carton and tube after “EXP:”. The expiry date refers to the last day of that month.

Keep this medicine out of the sight and reach of children.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Bepanthen cream contains

- The active substance is dexpanthenol. 1 g of cream contains 0.05 g of dexpanthenol.
- The excipients are DL-pantholactone, phenoxyethanole, Amphisol K (hexadecyl sodium hydrophosphate), cetyl alcohol, stearyl alcohol, lanolin (E 913), isopropyl myristate, propylene glycol (E 1520), purified water.

What Bepanthen cream looks like and contents of the pack

Bepanthen cream is packaged in an aluminium tube with a polypropylene cap.

The package contains 3.5 g (sample package) or 30 g of cream.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

UAB Bayer
Sporto 18
LT-09238 Vilnius
Lithuania

Manufacturer

GP Grenzach Productions GmbH

Emil-Barell-Strasse 1, D-79639 Grenzach-Wyhlen

Germany

For any information about this medicine, please contact the local representative of the Marketing Authorisation Holder:

Bayer OÜ

Lõõtsa 12, 11415 Tallinn

Phone: +372 655 8565

This leaflet was last revised in April 2020.