

Package leaflet: Information for the user
Cuprum-Heel
tablets

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist.
- This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

What is in this leaflet:

1. What Cuprum-Heel is and what it is used for
2. What you need to know before you use Cuprum-Heel
3. How to use Cuprum- Heel
4. Possible side effects
5. How to store Cuprum-Heel
6. Contents of the pack and other information

1. WHAT CUPRUM-HEEL IS AND WHAT IT IS USED FOR

Cuprum-Heel is a homoeopathic remedy.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE CUPRUM-HEEL

Do not take Cuprum – Heel:

- if you are allergic to any ingredients of Cuprum - Heel (listed in section 6);
- if you are hypersensitive to chamomile and other plants of composite family (*Asteraceae*).

Other medicines and Cuprum- Heel

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.

No effects have been observed.

Driving and using machines

Cuprum-Heel does not have any effect on the ability to drive or use machines.

Cuprum-Heel contains lactose.

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

3. HOW TO USE CUPRUM-HEEL

Always take Cuprum-Heel as the doctor has told you.
Check with your doctor or pharmacist if you are not sure.

The recommended dose is:

Usual dose is 1 tablet 3 times daily, keep the tablet under your tongue until it dissolves.
You can take initially 1 tablet every 15 minutes during 2 hours, if necessary.

If you feel that the effect of the Cuprum-Heel is too strong or too weak, talk to your doctor or pharmacist.

If you take more Cuprum-Heel than you should

No cases of overdose have been reported

If you forget to take Cuprum-Heel

Do not take a double dose to make up for a forgotten dose.

If you stop taking Cuprum-Heel

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.
The preparation contains herbal components. In rare cases allergic reactions may develop.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via www.ravimiamet.ee. By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE CUPRUM-HEEL

This medicinal product does not require any special storage conditions.

Keep this medicine out of the sight and reach of children.

Do not use Cuprum- Heel after the expiry date which is stated on the package. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6. Contents of the pack and other information

What Cuprum- Heel contains

Active substances: 1 tablet contains:

1. Citrullus colocynthis D4 30 mg;
2. Ammonium bromatum D4 30 mg;
3. Atropinum sulfuricum D6 30 mg;
4. Veratrum album D6 30 mg;
5. Magnesium phosphoricum D6 30 mg;
6. Gelsemium sempervirens D6 30 mg;
7. Passiflora incarnata D2 15 mg;
8. Agaricus D4 15 mg;
9. Matricaria recutita D3 15 mg;
10. Cuprum sulfuricum D6 15 mg;
11. Aconitum napellus D6 60 mg.

Excipient: magnesium stearate 1.5 mg

What Cuprum- Heel looks like and contents of the pack

Carton box containing plastic jar with 50 or 250 tablets.

Description of the tablet: round, white or slightly yellowish smooth tablets, with occasional fawn-coloured spots. Tablets are 3.30 - 3.90 mm in thickness, with a diameter of 9.0 - 9.1 mm.

Marketing Authorisation Holder and Manufacturer

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