Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist.
- This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

What is in this leaflet

1. What Traumeel S is and what it is used for
2. What you need to know before you use Traumeel S
3. How to take Traumeel S
4. Possible side effects
5. How to store Traumeel S
6. Contents of the pack and other information

1. What Traumeel S is and what it is used for
Traumeel S is a homeopathic preparation.

2. What you need to know before you use Traumeel S
Do not take Traumeel S:
- if you are allergic or hypersensitive to any of the ingredients of Traumeel S (listed in section 6);
- if you are allergic or hypersensitive to arnica or any other plants in the daisy or celery family.
- In principle, Echinacea (coneflowers) are not recommended in case of systemic diseases, such as TBC, leukemia, collagenosis, multiple sclerosis, AIDS, HIV infection and other autoimmune diseases. In case of thyroid problems use only if advised by your doctor.

Other medicines and Traumeel S
Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines, including over-the-counter medicines.

Pregnancy, breast-feeding and fertility
If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.
Negative effects have not been reported.

**Driving and using machines**
Traumeel S does not compromise the ability to drive or use machines.

Traumeel S contains lactose.
If you have been told by your doctor that you have intolerance to some sugars, consult your doctor before taking this Traumeel S.

3. **How to use Traumeel S**

Always use Traumeel S exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Recommended dosage:
The standard dose is 1 tablet 3 times a day, letting it dissolve under the tongue.

If you feel that the effect of Traumeel S is too strong or too weak, talk to your doctor or pharmacist.

**If you take more Traumeel S than you should**
No cases of overdose have been reported.

**If you forget to take Traumeel S**
Do not take a double dose to make up for a forgotten dose.

**If you stop taking Traumeel S**
If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. **Possible side effects**
Like all medicines, Traumeel S can cause side effects, although not everybody gets them.

There can be rare cases of skin rash, rapid breathing, nausea and lowering of blood pressure.

If you experience increased saliva discharge after using the medicine, it is advisable to stop taking it.

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via www.ravimiamet.ee. By reporting side effects you can help provide more information on the safety of this medicine.

5. **How to store Traumeel S**
This medicine does not require any special storage conditions.

Keep this medicine out of the sight and reach of children.

Do not use Traumeel S after the expiry date which is stated on the carton. The expiry date refers to the last day of that month. Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Traumeel S contains

Active substances: 1 tablet contains:

1. Arnica montana  D2  15 mg
2. Calendula officinalis  D2  15 mg
3. Hamamelis virginiana  D2  15 mg
4. Achillea millefolium  D3  15 mg
5. Atropa belladonna  D4  75 mg
6. Aconitum napellus  D3  30 mg
7. Mercurius solubilis Hahnemanni  D8  30 mg
8. Hepar sulfuris  D8  30 mg
9. Matricaria recutita  D3  24 mg
10. Symphytum officinale  D8  24 mg
11. Bellis perennis  D2  6 mg
12. Echinacea  D2  6 mg
13. Echinacea purpurea  D2  6 mg
14. Hypericum perforatum  D2  3 mg

The other excipients are:
1. Lactose monohydrate 6 mg;
2. Magnesium stearate 1.5 mg

What Traumeel S looks like and contents of the pack
Carton that includes a plastic container with 50 or 250 tablets. Description of tablet: round, white or yellowish white tablets with even surface and bevel edges, with occasional orange spots. The tablets are 3.30 to 3.90 mm thick and 9.0 to 9.1 mm in diameter.

Marketing Authorisation Holder and Manufacturer

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