

Package leaflet: Information for the user

Trachitol, 1 mg/1.8 mg lozenges
Lidocaine hydrochloride/Propyl parahydroxybenzoate

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 3 days.

What is in this leaflet

1. What Trachitol is and what it is used for
2. What you need to know before you use Trachitol
3. How to use Trachitol
4. Possible side effects
5. How to store Trachitol
6. Contents of the pack and other information

1. What Trachitol is and what it is used for

Trachitol is an anaesthetic and antiseptic medicine used for oral cavity and throat inflammations. Trachitol lozenges (pastilles) contain lidocaine hydrochloride, a local anaesthetic. It relieves pain and reduces sensitivity of the throat. Propyl parahydroxybenzoate is an antiseptic agent.

2. What you need to know before you use Trachitol

Do not use Trachitol:

- If you are allergic to lidocaine hydrochloride, propyl parahydroxybenzoate or any of the other ingredients of this medicine.

Warnings and precautions

Talk to your doctor or pharmacist before taking Trachitol.

Children and adolescents

See section 3.

Other medicines and Trachitol

Tell your doctor or pharmacist if you are using or have recently used or might use any other medicines.

Trachitol with food and drink

No specific precautions apply.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

There is insufficient information on the use of Trachitol during pregnancy and breast-feeding.

Driving and using machines

If used as instructed, Trachitol has no effect on the ability to drive or use machines.

Trachitol contains sorbitol

If you have been told by your doctor that you have intolerance to some sugars, consult your doctor before taking this medicine.

3. How to use Trachitol

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is 1 lozenge every 2 hours. Let the lozenge slowly dissolve in your mouth. Do not take more than 8 lozenges per day.

Use in children

It is not recommended to give children more than 6 lozenges per day.

If you use more Trachitol than you should

If you use more lozenges than recommended, you may develop the following symptoms: yawning, restlessness, dizziness, nausea, vomiting or hearing problems.

Contact your doctor immediately, because additional treatment may be required. Please also take this leaflet to the doctor.

If you forget to use Trachitol

Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Allergic reactions (hypersensitivity) are possible in rare cases (less than one of 1,000 but more than one of 10,000 patients). It means that one to ten patients of ten thousand may exhibit hypersensitivity reactions.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via www.ravimiamet.ee. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Trachitol

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and blister after EXP.

The expiry date refers to the last day of that month.

Do not store above 25°C.

Store in the original package, protected from humidity.

Do not throw away any medicines via wastewater or household waste Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Trachitol contains

- The active substances are lidocaine hydrochloride and propyl parahydroxybenzoate. Each lozenge contains 1 mg of lidocaine hydrochloride (as monohydrate) and 1.8 mg of propyl parahydroxybenzoate.
- The other ingredients are: magnesium stearate, aluminium potassium sulphate, mint oil and sorbitol (E420).

What Trachitol looks like and contents of the pack

Trachitol lozenges are white and round flat lozenges with bevelled edge.

Pack size: 20 lozenges. Each aluminium/PVC blister contains 10 lozenges.

Marketing Authorisation Holder and Manufacturer

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